

## A Note From our Chair

By Susan Zapata



### Singing with Jubilate! Brings Inner Renewal

Singing! Especially singing with others! It is one of the most amazing experiences anyone can have. It provides you with an energy that may have faded over time. Gathering on Thursdays to rehearse makes me come alive again, no matter how tired (or injured) I have been or become during the week. There is a power that is released within me, when I join with others, that I don't

feel when singing alone when I practice. I know that power comes from above and it heals me.

For us to then take that same power we have been given by God and share it with others allows our voices to heal them. It brings great joy and a wonderful sense of inner peace to both singer and listener alike. It helps us be ready to move on to our next task, joy or to face our next struggle with the greater knowledge that God is ALWAYS with us and reminds us that we are never alone.

So SING with others and feel the power and blessings of God!



## Singing Brings Hope

By Dr. J. Arturo Gonzalez



Dr. J Arturo Gonzalez  
Jubilate Artistic Director

### Why We Sing

Do you wonder sometimes why singing is so fundamental to humans? Many people claim they don't sing, but the truth of the matter is that somewhere (shower, car, hiking, etc.) at some moment we sing no matter how beautiful or how awful we think we sound. I think we do it because it is an extension of our heartbeat, of our breathing, of our talking, of our own selves.

But, what do we sing? We sing a tune we heard on the radio, or a hymn we remember from church, or a song we earned in our youth, etc. But what would happen if we went back in time, to a time in which none of these tunes existed. There were no Beatles, no Charles Wesley, no Amazing Grace. What would we do? What would we sing? The Bible gives such an example. The people of Israel had fled Egypt, but Pharaoh is right behind them. You know the end of the story and what happens right after; Mary breaks into song with her tambourine. And what does she sing about? She sings about what just happened. God delivered them and she is ready to say it in song. She felt renewed!

Why do we sing? We sing because we are happy, sad, free, bounded, or in grace, or out of grace, but we need to be ready to hear the song. I know for a fact that I have been delivered. I know for a fact that thanks to God I can provide for my family. I can love them, support them, and guide them. How sweet is that? It is very gratifying. I want to say it in song. Because, if I say it in song, it's going to be loud and strong, soft and intense, fast and slow, but beyond that, it is going to be an extension of my own being, giving thanks to the creator of all. Because we are alive, He gives us song!



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## Upcoming Performances

**May**  
30 Longmont United Hospital

**June**  
7 Rocky Mtn. Evangelical Church,  
Blackhawk, CO

**July**  
19 Chautauqua Community House

For more information visit:  
[www.jubilatesacredsingers.org](http://www.jubilatesacredsingers.org)

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## Jubilate! Sacred Singers

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# Jubilate! ... Renewed by Sharing!

by Loren Donaldson

## Renewing Spirits at Good Shepherd Presbyterian Church



## Arvada Estates Retirement Center



## Balfour Cherrywood Center, Louisville, CO



Jubilate celebrates St. Patrick's Day with the Cherrywood residents. Top right, Dr. Gonzalez welcomes the audience to the Jubilate! Sacred Singers.



Photos by Laura Simmons

For the singers of Jubilate the mission of our group is made alive by the opportunity to take time from our busy schedules to sing for others. Each month we gather our forces and go to venues that take us to people and places who love music and need to hear it.

In February we were invited to **Good Shepherd Presbyterian Church** in Northglenn by one of our own members, Shelli, who attends there. We were able to incorporate a number of pieces into their church service which made worship even more meaningful. Another event, arranged by our Assistant Director, Sue, took us to Louisville in March. There we presented a St. Patrick's program to the residents of **Balfour Cherrywood Center** while in full costume.

April took us to a cathedral like setting at the **Arvada Estates Retirement Center** where we sang for a very enthusiastic audience. We also had the great opportunity to join the congregation at **St. Andrew Presbyterian Church** in Boulder for their Sunday service.

As you can see, we do get out and sing thanks to the talent and tenacity of our beloved Venues Chair, Madeline Anderson who keeps us on the road at least two time a month.



# Jubilate! Celebrates Hope and Renewal

By Bruce Rose



## New Hope

Many people look forward to spring after the cold and dark of winter. The temperatures rise and vivid hues show up in flower beds. People don colorful outfits, spending more time outside. In Persian cultures, spring begins a new year. There is a natural connection between beliefs about the rebirth of the earth each spring and the rebirth of life within.

A basic truth about singing is that everyone sings: loudly, softly, with others, alone. Age does not limit the soul's draw to music. Nor is there a talent threshold required for experiencing joys from singing. In Jubilate, we rehearse and we perform. In truth, we are not individuals when we sing. We are more focused, more team oriented, less self-centered, and more eager to offer a solid performance in service. When we begin to "get" a piece of music we feel that we can achieve even more. There are no limits to where the Spirit may lead us.

Hope and renewal are major spring themes. I find that whatever is going on in my private life or taking place in the world, when I get to a rehearsal or performance, negative stuff is placed on hold. I can join in the joy of working hard and having fellowship. I go home tired but truly renewed. My musical journey keeps me more focused on the blessings in my life.



# The Family of Jubilate! Brings Renewal into Focus

By Shelli Tillery



## New Life

I love the season around Easter! It is a time of year that ushers in new life in so many ways. We are celebrating the amazing gift of new life given to us by the resurrection of our Lord, while at the same time experiencing renewal and growth in the world around us. It's like hitting the "refresh button."

In many ways, Jubilate is my "refresh button." No matter the circumstances and pressures weighing on my mind, the moment I begin a rehearsal or performance, the renewal process begins. It is a rare opportunity in our busy, demanding, multi-tasking and technology-oriented lives to put one hundred percent of our focus on one task for two consecutive hours with no distractions. Not to mention the fact that all of this is accomplished

without even looking at a screen of any kind! We get to enjoy the gift of music and the spirit of Christ moving through us in song. When we have the privilege of sharing our gift with the world around us, we also share that sense of renewal with those who need it most.

Being part of Jubilate is such a blessing in my life. It brings me renewal every week as though I have hit the "refresh button." I am grateful for the wonderful opportunity.



# Rejoice and Renew by Working Together

By Marc Sammartano



## New Creations

Every week we come together to rejoice in God and music, and each other. We renew our commitment to the source, the mission, and the people of Jubilate! Sacred Singers.

A few times a month we go out together to bring God and music and ourselves to someone else. We renew our relationships with old friends, or we go and find new friends. Going out together, singing and working together, renews our shared sense of purpose and meaning, and of being and belonging together. Each time our director, Dr. Gonzalez, brings us new music, we learn it, we sing it, we make it our own. In doing so, we

breathe (literally!) new life into the music. Every time we sing something, the experience and the performance is unique, unlike any time anyone, including us, has ever done it before. As singers, we are all about renewal. Rejoice in it!



# Welcome to Jubilate!

By Jean Bedell

## New Member

**Konnichiwa!** (Japanese for *Good Afternoon*)



We gratefully welcome Jaime Goodman, our newest member, to Jubilate Sacred Singers. How did she find out about us? Always enjoying singing, she went on-line, looking for a group that was praise-oriented and local, and Jubilate jumped out. Jamie was a voice and piano major in college. Her tastes run from Ella Fitzgerald's scat to the Romantic Era of Liszt and Chopin. Our own *Ubi Caritas* was one of her high school performance numbers.



Jaime Goodman

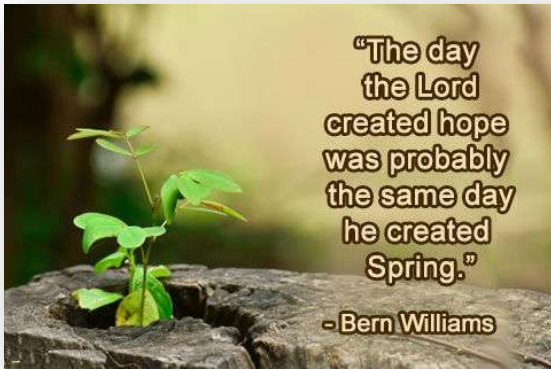
What has eight legs and likes fish? It is Jaime Goodman's four children who take care of three fish tanks! The children are in grades 6, 4, 1 and pre-k. They are home-schooled in an amazing house. Walk in the front door and you might believe you are in a great kid's library. Walk into the kitchen and you may be greeted with the aroma of home-baked chocolate chip cookies.

Professionally, Jaime is a practitioner of Chinese medicine, including both acupuncture and accreditation in recommending herbal medications. This is a preventative focus. She mentioned that in ancient China, a practitioner does not get paid if the patient becomes ill. Another talent is Jaime's fluency in Japanese. With her Japanese language skills, perhaps she will introduce us to some a capella Japanese music, Welcome, Jaime, to Jubilate! Sacred Singers.





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Submitted by Nancy Meise

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